

WEST COAST STUDY CLUB is an Affiliate Club of SEATTLE STUDY CLUB<sup>®</sup> Cultivating Excellence in Comprehensive Dentistry

### 2021-2022

# Seattle Study Club COMPLEAT CURRICULUM

Academic Program



I feel that I've become a better clinician through Seattle Study Club, led by the director of my local chapter, Dr. Jin Kim. For dentists of all levels of experience, I recommend Seattle Study Club without reservation, if their goal is to provide a higher level of comprehensive dental care for their patients...



Jaewoo Cho, DDS UCLA School of Dentistry '16 Diamond Bar, CA WCSC Member since 2019



# INTRODUCTION

### Seattle Study Club — Doing Dentistry Together®

It's an understatement to say these past few months have rocked our world. We've entered uncharted and dangerous waters, and we have to figure out how best to navigate safely through them to calmer seas and brighter days ahead.

To that end, Seattle Study Club has launched an innovative, full-academic-year program that offers guidance with practice recovery, financial stability, and enhanced clinical expertise. With sessions addressing your financial challenges, presentations that encourage you to set and track goals in your progress toward financial recovery, to insightful interviews and hands-on demonstrations, this is a perfect combination of knowledge and inspiration.

Recognizing that the world and the recommendations will continue to change, the program is designed for flexible, adaptable delivery — we can determine if a session will be in-person or virtual based on the situation at the time.

We still get to collaborate, learn together, and rely on each other for support. Now more than ever the phrase that defines the core and essence of Seattle Study Club — doing dentistry together® — is a touchstone to remind us of who we are and why we are part of this amazing group of clinicians.

Juli-SDS, MPH, MS, FAED

WCSC Director Jin Y. Kim, DDS, MPH, MS, FACD Board-Certified Periodontist



WEST COAST STUDY CLUB is an Affiliate Club of SEATTLE STUDY CLUB\* Cultivative Excellence in Comprehensive Dentity

# SEPTEMBER

SEPTEMBER 2, 2021 THURSDAY, 6:00PM



**Sonia Leziy** DDS, Dipl Perio, FCDS(BC), FRCD(C)

#### **Treatment Planning Session** Facilitated by Club Director

- Lecture, up to 2 hours
- Multidisciplinary Topics
- AGD Subject Code 149

## An Evening of Treatment Planning with Dr. Sonia Leziy

This is a video-enhanced session with Dr Sonia Leziy from our World Treatment Planning Championship Symposium. Sonia has contributed a fascinating case, similar in complexity to the Stefano Gracis case planning session most of you participated in with Compleat Curriculum I. It is an anterior esthetic dilemma which challenges participants to make the choice to save or extract, and promises to provide an opportunity for spirited discussion. It received the highest ratings of all the cases presented at Symposium.

Upon completion of this session, attendees should be able to:

- Articulate arguments to defend the choice to extract and the choice to save a tooth.
- Understand resolution of an anterior esthetic problem.



"The West Coast Study Club provides an invaluable wealth of information. It is a great way to meet and learn from other colleagues and stay up to date in the profession..."

> Angela Huang, DMD | Temple City, CA WCSC Member since 2019

Disclosure of Commercial Support: Dr Sonia Leziy does not have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc).

# OCT.-NOV.

PART I : OCTOBER 21, 2021 | THURSDAY, 6:00PM PART II : NOVEMBER 3, 2021 | WEDNESDAY, 6:00PM



Gerry Chiche DDS

Part I: Tx Planning Facilitated by Club Director

Part II: Q&A Facilitated by Seattle Study Club

• Lecture, up to 3 hours

- Multidisciplinary Topics
- AGD Subject Code 149

## Decision Making Process to Achieve the Optimum Gingival Design in the Esthetic Zone

This presentation will illustrate management of gingival levels through a case presentation. Discussion will address the options and the decision process leading to the final interdisciplinary treatment. It will be a direct continuation of the systematic esthetic checklist we routinely advocate for simplicity and predictability. In addition, we'll talk about ceramic restoration, deciding on minimally invasive dentistry or not, and how it all pertains to the most appropriate treatment for the patient.

Upon completion of this session, attendees should be able to: Refer to the calendar for specific dates and times.

- Choose between crown lengthening and orthodontic intrusion.
- Understand the impact of minimally invasive dentistry on the final interdisciplinary treatment.



"This study group, which is a part of the Seattle Study Club, has educated me further with more interdisciplinary dental knowledge. It has allowed me to see better what other specialists and general dentists see."

> Daniel Areepong, DMD, MSD | Walnut, CA Board Certified Orthodontist

NOVEMBER 4. 2021

THURSDAY, 6:00PM



Ali Oramchian Esq.

Bespoke Business Academy Module Facilitated by Club Director

• Lecture, up to 2 hours

- Practice Management and Human Relations
- AGD Subject Code 550

## HR Essentials for 2021/2022 Why 2020 Taught Us You Can't Ignore HR Anymore

Ali, a renowned employment attorney, would not have been a Seattle Study Club speaker of preference years ago. Nothing personal—the topic seemed dry and boring! But the world has changed, and we're seeing things differently these days. Many of us will agree that it is at times like walking on eggshells. State guidelines are strict and very enforceable. Ali Oramchian will cover top HR priorities and best practices for small businesses like ours. He will focus on the areas of hiring, wage and hour laws, practice policies, managing leaves of absence, employee performance management, discipline, and termination. What more could we ask for? He is terrific!

Upon completion of this session, attendees should be able to:

- Recognize best practices with HR policies concerning hiring, performance management, and discipline.
- Understand wage and hour laws and leave of absence policies.

# DECEMBER

DECEMBER 8, 2021 WEDNESDAY, 6:00PM



Jeff Johnson MBA

Evening Interview followed by Q&A

• Lecture, up to 1 hour

- Practice Management and Human Relations
- AGD Subject Code 550

## An Evening Interview with Stock Analyst and Wall Street's Guru on Dentistry Jeff Johnson

Jeff Johnson understands the economy and can relate this to dentistry and the affects on your practice better than anyone! From teaching ophthalmology at Harvard Medical School, to an MBA at Kellogg, to R.W. Baird Wealth Management and Investment Banking, Jeff Johnson has forged a very unique path to become the most well recognized senior stock analyst in medicine and dentistry. He has offered to spend an evening with us, digging deep into the dental industry, to set the stage for decisions we will be making in our practices as a result of changes in the dental economic landscape.

Upon completion of this session, attendees should be able to:

- Have a better understanding of the economic landscape related to the dental industry.
- Have a better understanding of how changes in the overall dental industry affect dental practices.

# JANUARY 19, 2022 WEDNESDAY, 6:00PM



Marcelo Calamita DDS, MS, PhD



**Gustavo Giordani** DDS



**Adalberto Paula Souza Jr.** DDS

Livestream from São Paulo, Brazil

• Lecture, up to 1.5 hours

- Multidisciplinary Topics
- AGD Subject Code 149

## Digital Dentistry — From Concept to Reality

Digital technologies allow clinicians to create a virtual treatment plan, visualize the potential final outcomes, and share the plan in a format that is user-friendly and functional for all the specialists involved. This program will provide a step-by-step process to implement digital tools to create an easy, efficient and predictable workflow, with references to the literature and illustrative case presentations.

Upon completion of this session, attendees should be able to:

- Demonstrate how to utilize digital tools in case planning and discussion.
- Identify basic components of an efficient digital workflow.



 $\star$ 

"Every dentist who strives to be the best she or he can be, to provide the highest level of care to their patients should be a member of a study club. If you want the most return for your investment of time and money being an affiliate of the Seattle Study Club cannot be matched. For Southern California, The West Coast Study Club is our access sponsored by Dr Jin Kim, an internationally acclaimed educator and lecturer. If you truly want to be at the top of your game, this is your study club."

Carl D Werts, DDS, FAGD, FICOI | Glendale, CA

Disclosure of Commercial Support: Dr Marcelo Calamita and Dr Adalberto Paula Souza, Jr. do not have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc). Dr Gustavo Giordani is a key opinion leader and receives an honorarium from MIS Implants.

## THE RITZ CARLTON, LAGUNA NIGUELDANA POINT, CALIFORNIA

\$399 PER NIGHT (PLUS TAXES AND FEES)

BOOK JANUARY 25-30, 2022

CALL 800.930.5146



SIMPLY SCAN THE QR CODE

# SAVE THE DATE

# SEATTLE STUDY CLUB SYMPOSIUM JANUARY 26-29, 2022

Our first Seattle Study Club-wide live meeting is finally on the horizon! Here's the bird's-eye view (full brochure to be published online in August or September 2021). From an educational standpoint, Symposium 2022 will focus on total case management — in other words, how to think about and handle a case from the moment the patient enters your office to the final follow-up. Lectures and workshops will cover communication tools and skills, interdisciplinary diagnosis and treatment planning and of course, the treatment rendered — all with the fusion of digital and analog in mind.

With a faculty of top educators, our goal for Symposium 2022 is to engage you in a thorough and rigorous analytical process and to challenge you to take advantage of everything the digital/analog approach has to offer, leading to better outcomes both cognitively and clinically.

From a social standpoint, to be back together again in one of the most beautiful spots in the US and at one of the top hotels in the Ritz-Carlton chain (and also with most surfaces newly refreshed) is something for which we truly cannot wait. We look forward to being "home again" with our Seattle Study Club family, and both contributing to and benefiting from the huge jolt of energy Symposium never fails to deliver. Symposium has always been about renewal, but in 2022, more than ever!

#### Questions? Contact events@seattlestudyclub.com

Symposium tuition is not included in the cost of your local study club programming. Tuition is TBD.Rooms at the hotel are limited. The usual 4 night non-refundable deposit applies.



# FUBRUARY

FEBRUARY 9, 2022 WEDNESDAY, 6:00PN



Parag R. Kachalia DDS

Virtual Hands-On Digital Diagnosis

- Lecture, up to 2.5 hours
- Operative (Restorative) Dentistry
- AGD Subject Code 250

## Esthetic Analysis and Digital Planning

This virtual workshop will allow practitioners to leverage their photography and intraoral scans by pairing them with software platforms to create efficient 2D smile simulations and learn the fundamentals of digital wax ups and model printing.

Upon completion of this session, attendees should be able to:

- Understand how to render a 2D smile with Photoshop.
- Understand how to render a 2D smile using SmileCloud and possibly 3Shape Smile Simulation.
- · Convert a 2D smile design to wax up and print.

Material Requirement: Course participants will be asked to load software like Photoshop, SmileCloud, Meshmixer, Ray-Ware and possibly 3Shape Smile Simulation to their personal laptop computers via trial licenses. Participants will then be guided through the software while working through three different cases. For the best user experience, please bring your personal laptop to the session.

# MARCH 25, 2022 FRIDAY, 7:00AM FULL DAY



Nathaniel Lawson

Live Lecture

- Lecture & Hands-on
- 6 CEUs
- Operative (Restorative) Dentistry
- AGD Subject Code 250

## Hot Topics in Restorative Dentistry and New Materials for Conservative Dentistry

New concepts in dental materials allow us to practice more conservative dentistry—silver diamine fluoride used to arrest caries, resin infiltration used for the treatment of incipient interproximal lesions and white spot lesions, and microabrasion used to treat anterior discolorations. This lecture will provide evidence for these new materials and clinical protocols for their use.

Upon completion of this session, attendees should be able to:

- Describe how silver diamine fluoride works and how it can be used to arrest caries in the adult population.
- Explain protocols and examples of how to treat white spot lesions and anterior discolorations with resin infiltration, microabrasion and bleaching.



\*\*\*\*

"First of all, it is easy to get access to specialists when planning complex and interdisciplinary cases. Besides Dr. Jin Kim, our director, who is a periodontist, we have an oral surgeon, endodontist, prosthodontist and orthodontist to share knowledge and ideas. Secondly, our group is a local branch of Seattle Study Club, so that we could get access to the broad world of dentistry even related to the medical fields. Thirdly, we could get access to the dental management areas also. I loved the "Business Academy" aspect of the program greatly. Lastly, we could get along with many colleagues over fresh craft beer..."

> Jaechan Park, DDS | Gardena, CA General practice

Disclosure of Commercial Support: Dr Nathaniel Lawson received research grants from 3M Oral Care, Kuraray Noritake, Ivoclar Vivadent, KaVo Kerr, Dentsply Sirona, Danville, Glidewell, Doxa, Bisco, GC, Vista, and Pulpdent.

# APRIL

APRIL 16, 2022 SATURDAY, 7:00AM



Dr. Leslie Paris

Live Lecture

• Lecture, 6 CEUs

AGD Subject Code 149

### Laser Confusion....."The Myriad of Information and Misinformation on Lasers in Dental/Periodontal Care"

Laser Confusion....."The Myriad of Information and Misinformation on Lasers in Dental/Periodontal Care" Find yourself wondering which laser is for which procedure? Do they really work?... and how? Dr. Paris will discuss how laser energy affects oral tissues, what the differences are between different types of lasers, and which lasers are used for which applications and which will do damage. The participant will come away with a much better understanding on the different lasers used in dentistry, dental hygiene, periodontal surgery and periodontal treatment. The myth that "one laser does it all" will clearly be dispelled.

At the conclusion of the course, attendees should leave with the ability to:

- Understand the different types of lasers currently in use in dentistry and what procedures are best performed with the use of each
- · Understand the physics of specific lasers used in dentistry
- Understand the success rates and clinical results of using specific lasers and specific applications in dentistry through review of the literature as well as presentation of clinical cases.

# MAY

MAY 6, 2022 FRIDAY, 6:00AM

#### This includes a Trip to Temecula Winery.



Wael Garine

Live Lecture

- Lecture, up to 6 hours
- Implants
- AGD Subject Code 690

## Edentulism: Is it a Clear Choice?

Edentulism is projected to increase in the U.S. over the next decade. Multiple treatment options are available, ranging from removable to fixed prosthetics. Currently, there is confusion over the guidelines to treatment, procedures and material selection. This program will present a systematic decision-making approach to the treatment options of the edentulous arch. In addition, different material choices will be discussed. Current literature will be analyzed to highlight the pros and cons, predictability, and limitations of restorative materials used for the edentulous arch.

Upon completion of this session, attendees should be able to:

- Revisit current treatment options for edentulous patients.
- Present a systematic method to help with the decision-making process for the treatment of edentulous patients.



JUNE 9, 2022 THRUSDAY, 6:00PN WCSC Annual Dinner (Spouses and/or Partners Invited)



Sree Koka DDS, MS, PhD, MBA

**Evening Livestream** 

- Lecture, up to 1 hour
- Self-Improvement
- AGD Subject Code 770

Where Does the Rock Go When the Rock Needs Help? Living and Leading Yourself and Others Through Tough Times

Our dental degrees do not prepare us to tackle myriad challenges. In everyday dental practice and in our lives, we may be struggling to know what we should do and how we should behave with our patients, staff and loved ones. The shadow questions of what we should not do and how we should not behave add additional stress. To be successful, we need to be leaders, and as leaders, others look to us for the answers to walk them through tough times and challenges. So, during a time when we need a type of help we have never needed before, and acknowledging that leading through crisis requires a special set of skills, where do we go for this help? Join Dr Koka to learn about the tools that are available to take better care of ourselves.

Upon completion of this session, attendees should be able to:

- Describe the impact of stress on maintaining overall health.
- Demonstrate the importance of permission.
- Identify ways to build resilience that prevent or address overwhelming stress.

Disclosure of Commercial Support: Dr Sree Koka does not have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc).

#### Facial Enhancement

## Making this a Reality

## No Matter What the Budget

**Benji Dhillon** MBBS, BSc, MRCS

#### Livestream for Full Team

- Lecture, up to 1 hour
- Esthetics/Cosmetic Dentistry
- AGD Subject Code 780



The art and science of facial beautification is no longer just about rejuvenating smiles. A reduction in skin guality and loss of facial volume over time leading to folds and shadows, are common concerns for patients and consequently some of the most requested esthetic procedures. The majority of such treatments are virtually non surgical, allowing a great deal to be performed in a dental office. Why lose a patient that you have spent time and money on acquiring to another practice, even if it is a non dental practice? Budget considerations must also taken into account, similarly to cosmetic and restorative dentistry. Unfortunately there is a lack of understanding of how to elicit the priorities for a patient in terms of esthetic outcome and budget expectations. Thankfully the world of esthetic medicine offers many options for all budgets; from simple but effective medical grade skincare to minimally invasive skin rejuvenation treatments to improve skin quality such as lasers. At the other end of the spectrum dermal fillers and botulinum toxins, commonly requested procedures, can be adjusted to suit all budgets and demographics.

Upon completion of this session, attendees should be able to:

- Understand the spectrum of medical esthetic treatments available to integrate into their dental practice.
- Understand how to choose which treatments are suitable for which patients.

Disclosure of Commercial Support: Dr Benji Dhillon does not have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc).



Bring your whole office team!!!

#### A Treatment Planning Workshop for Hygienists

# **Their Role**

## in Oral Rehabilitation



Bring your whole office team!!!



Lauralee Nygaard DDS, MS, PS

#### Livestream Hygiene Program

- Lecture, up to 2 hours
- Periodontics
- AGD Subject Code 490

# FEBRUARY, 16, 2022 6:30 PM (PST)

Dental hygienists play an important role on dental teams in building relationships with patients. Those relationships establish trust and provide opportunities to educate, encourage and motivate the behavioral changes necessary to assist patients to achieve optimal oral health. To best educate and inform, it is important for hygienists to have knowledge of medical history, periodontal treatment, periodontal recall, restorative options for occlusal rehabilitation, and informed consent for tooth replacement.

This case will provide an opportunity to brainstorm what treatment possibilities could restore periodontal health, provide chewing function, improve the patient's smile, and create a recall plan for long-term oral health success. Dr Nygaard will share the completed treatment and the impact on the patient as an example of the life-changing dentistry our SSC dental teams create every day!

Upon completion of this session, attendees should be able to:

- Outline clinical parameters that dictate non-surgical versus surgical periodontal therapy.
- Motivate patients to continue in recall for the long haul to achieve oral systemic health and reconstructive success.

Disclosure of Commercial Support: Dr Lauralee Nygaard does not have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc).

## The 2021-2022 West Coast Implant Journey

Pathway to Successful Dental Implant Practice

#### The Implant Journey will be facilitated by these fine WCSC Members



Pathway to Successful Dental Implant Practice is a continued education continuum that provides implant 101 educations to dental practitioners who are beginning to practice implant surgery in their practice. As part of West Coast Study Club affiliated with Seattle Study Club 2021-2022 program, all members of study club are eligible to participate in all the sessions. Pathway to Successful Dental Implant Practice was founded and directed by one of the most credentialed Periodontists and Implantologists in the world, Jin Y. Kim, DDS. Our continuum consist total of seven sessions, walking the participants from basic knowledge on implantology to live surgical implant placement on patients. Total of 22 CE credits are provided after successful completion of the curriculum.

Members will be walked through implantology via series of didactic sessions provided by renowned lecturers in various specialty and general dental practice. After the didactics and hands on sessions, members will be asked to bring their own case for presentation for review, from which total of four cases will be selected for live surgery participation. Members will bring their own patient and case for live surgery session and will be able to participate at the end of continuum.



### The 2021-2022 West Coast Implant Journey Pathway to Successful Dental Implant Practice

#### 2021-2022 WCSC Program



We are offering this module to registered members of the WCSC 2021-2022 Program to gain broad evidence-based knowledge and confidence to be able to practice implant dentistry in the contemporary world. The specialist member of the club will be mentoring the participants in didactics, hand on practical sessions, and even an opportunity to do live surgery on the participant's own patients.

#### **SESSION 1** Dr. Jin Y. Kim | 2.5 CEUs

The history of contemporary dental implants

SESSION 2 Dr. Carl Werts | 2.5 CEUs

Treatment planning pearls in implant dentistry

SESSION 3 Dr. Jin Y. Kim | 2.5 CEUs

Hard tissue and soft tissue reconstruction

**SESSION 4** Dr. Gianmarco O'Brien | 2.5 CEUs

The abutment selection and impressioning techniques

**SESSION 5** Dr. Steve Miyamoto and others | 2.5 CEUs

When and how to cooperate with surgical specialists

**SESSION 6** Dr. Jin Y. Kim + Members | 2.5 CEUs

**Case selection protocols** 

**SESSION 7** Members with instructors | 7 CEUs

Live patient surgery (up to 4 cases)

Date : October 7, 2021 Time : 6:00PM-8:30PM Location : Buena Park, CA

Date : November 18, 2021 Time : 6:00PM-8:30PM Location : Buena Park, CA

Date : January 6, 2022 Time : 6:00PM–8:30PM Location : Buena Park, CA

Date : March 10, 2022 Time : 6:00PM-8:30PM Location : Fullerton, CA

Date : May 26, 2022 Time : 6:00PM-8:30PM Location : Fullerton, CA

Date : June 23, 2022 Time : 6:00PM–8:30PM Location : Buena Park, CA

Date : June 25, 2022 Time : 8:00AM-4:00PM Location : Diamond Bar, CA







## COMPLEAT CURRICULUM FINE PRINT

#### Registration

These are virtual and live lecture, demo, and peer discussion programs suitable for all dentists, dental students, and business professionals regardless of prior experience who are members of this study club.

- Register by contactingName: Dr. Ellen Oh
- Email: skellenohdds@gmail.com
- Phone: 714.232.2034

Please call with any cancellations at least 72 hours before the meeting.

#### Disclaimer

Some information or presentations may include controversial materials or commercial references. Seattle Study Club cautions all course participants that there is potential risk to using limited knowledge when incorporating new techniques and procedures into their practices, especially when the continuing education program has not provided them with supervised clinical experience in the techniques or procedures to ensure that they have attained competence.

#### **Substitutions**

This brochure represents the speakers/programs established at the time of publication; however, speaker cancellations occasionally occur for reasons beyond our control. In the event of such an occurrence, speaker/program substitutions may be made without prior notice.

#### **Electronic/Virtual Education**

Participant feedback and interchange with instructors will be facilitated through e-mail and live Q&A for all sessions hosted by Seattle Study Club. For recorded sessions, directors will facilitate group discussion with club members.

#### **Code of Conduct**

We are committed to ensuring a safe and respectful meeting environment that is free of harassment, bullying, or offensive comments and/or behavior toward others. We expect all participants whether attending live or virtual sessions to abide by this Code of Conduct policy on all online platforms, or in venues at a meeting, including ancillary events and official and unofficial social gatherings.

- Exercise consideration and respect in your speech and actions.
- Refrain from demeaning, discriminatory, or harassing behavior and speech.

#### **Annual Membership Fee**

#### One fee includes ALL 3 Programs

Main Monthly Meetings (13 meetings) + The Dental Implant Journey (7 meetings) + Dental Hygiene Program (1 meeting)

#### 62.5 CEU total (21 meetings)

- \$3,250 practice owner dentists
- \$2,750 for recent graduates (up to 5 years), non-practice owner DDS & full-time faculty
- \$950 special rate for 2021 dental school graduates



This activity has been planned and implemented in accordance with the standards of the Academy of General Dentistry Program Approval for Continuing Education (AGD PACE) through the joint program provider approval of Seattle Study Club Nationally Approved and West Coast Study Club. Seattle Study Club is approved for awarding FAGD/MAGD credit. Approval does not imply acceptance by any regulatory authority, or AGD endorsement.

The current term of Seattle Study Club approval extends from 10/1/2015 to 9/30/2021. Provider ID# 300136



