



WEST COAST STUDY CLUB  
is an Affiliate Club of  
**SEATTLE STUDY CLUB®**  
*Cultivating Excellence in Comprehensive Dentistry*



# *Tricks of the Trade*



**Mike Yang, DDS**  
WCSC Member since 2019

**SEATTLE STUDY CLUB®**

**2023-2024**

***Compleat Curriculum™***

"Seattle Study Club under the West Coast Study Club division has been an indispensable wealth of information. Not only is the material relevant, the support of the people are incredible. They are more like family than colleagues."



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SEATTLE STUDY CLUB®

## *Tricks of the Trade*

Real world dentistry and relying on convention is part of everyday practice. What is seldom taught, however, is what to do at the chair when things go awry and ideal techniques don't work. Many of our Compleat Curriculum presenters and maestros are not only skilled in the ideal, but also in the everyday reality of dental practice. Each is a master at finding simple and practical solutions to everyday challenges. Through experience, they have found ways to facilitate treatment with favorite techniques and/or special instruments making life so much easier in treatment problem solving. Likewise, new information that makes a procedure easier and leads to more predictable treatment outcomes is also an essential part of the mix. With *Tricks of the Trade*, clever ideas will be introduced in both clinical and non-clinical offerings.



Gianmarco, O'Brien, DDS



Jin Y. Kim, DDS

*Co-Directors of the Club*

*We welcome you to the West Coast Study Club...*





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## COLLABORATIVE DEBATE:

### Digital vs Analog Laboratory Workflows — Is Analog Still Superior?

## Session 1

Thursday  
September 21, 2023



**Nelson Rego, CDT**



**Bobby William, CDT**

When people spoke about digital dentistry a decade ago, the conversation focused on single unit restorations being fabricated in the office or just an intraoral scan being taken instead of a physical impression. Today, clinicians are pushing the envelope, completing edentulous cases utilizing fully digital workflows.

Has dentistry really come this far over the last few years and is analog fading away? On the other hand, is digital dentistry just a series of shortcuts and does true precision still reside in the analog world?

Nelson Rego and Bobby Williams, both highly trained and accomplished laboratory owners, will be asked to defend each of these workflows from the perspective of the laboratory, allowing attendees to realize the benefits of each approach and gain an understanding of which approach may be more predictable. Furthermore, they will provide insight that truly makes a difference with respect to outcomes versus technological advances simply being a new toy.

#### Learning Objectives

- Identify appropriate design applications for full mouth or localized area cases.
- Recognize how to merge digital and analog workflows useful to laboratories to plan and design cases.

Neither Nelson Rego or Bobby Williams have any current or past affiliations to disclose (such as receiving research grants, speaking engagements, travel reimbursements, honoraria, etc.).

Evening Program  
6:00pm – 8:30pm  
2CEU

**THIS PROGRAM IS A VIDEO FEED**





# FOUNDATION FOR STABLE DENTISTRY

## *The Role of Periodontal Health and Occlusion*



**Jin Y. Kim, DDS, MPH, MS, FACD**  
*Board-Certified Periodontist*  
*Co-Director, West Coast Study Club*



**IN-PERSON  
PROGRAM**

**Session 2**  
**Thursday**  
**October 19, 2023**

Stable clinical outcome for many, many years to come...  
This is what we, the clinicians, and patients desire.  
Beautiful and predictable dentistry always has one common denominator - healthy periodontium. And healthy periodontium Can exist, only in stable environment of non-traumatic occlusion. This is not only true for complex cases involving extensive dentistry, but equally applicable for single tooth dentistry, and to dental implants. This concept may be easy to understand and accept didactically. However, putting this principle into practice in a variety of clinical scenario is always the difficult challenge for the treatment planning clinician.

### **Learning Objectives**

- Understand the unique relationship between occlusion and healthy periodontium
- Identify key factors that play a role in periodontal treatment plans
- Visualize how traumatic occlusion can be eliminated or minimized in clinical dentistry

Dr. Jin Y. Kim is a 1986 graduate of the University of Sydney, Australia. He furthered education in pathology, public health, and biology. His clinical training includes specialty residency in oral implant surgery at UCLA. He is board certified with the American Board of Periodontology and the American Board of Oral Implantology, Implant Dentistry. He holds two masters degrees and has published in a number of peer-reviewed journals and has authored several textbook chapters. He is the past president of the Western Society of Periodontology. He started a local study club in Orange County in 1999 which ultimately became the current West Coast Study Club. His passion for teaching and sharing dental knowledge has taken him to 54 different countries across the globe as of early 2023. Married to a fellow dentist, and West Coast Study Club member, he takes pride in having survived raising three uniquely crazy boys.

**Evening Program**  
**6:00pm – 8:30pm**  
**2CEU**



## ACHIEVING ESTHETICS IN IMPLANT DENTISTRY

### Session 3

Thursday  
November 16, 2023



**IN-PERSON  
PROGRAM**



**Thomas J. Han, DDS, MS, FACD**  
*Board-Certified Periodontist*

The challenge in implant dentistry today is properly managing the maxillary anterior esthetic zone. This requires an in-depth understanding of the relationship between the osseous, gingival, and restorative component, and their role in creating the profile necessary for the esthetics in implant dentistry. Proper treatment planning is often interdisciplinary, involving understanding of periodontics and orthodontics. This clinically oriented course will describe, in a step-by-step manner, several minimally invasive soft and hard tissue surgical techniques for achieving anterior esthetics with minimal discomfort to the patients.

#### **Learning Objectives**

- Update present literature regarding diagnosis, treatment planning, and surgical techniques in esthetic implant dentistry.
- Identify newer techniques and digital strategies that can be employed to resolve anterior cosmetic dilemmas.
- Describe bone regenerative surgical techniques effective for implant esthetics.
- Describe soft tissue plastic surgeries necessary for implant esthetics.
- Predictable papilla reconstruction technique
- Provide rational and examples of using bioactive agents available today for enhancing bone and soft tissue regeneration and tissue healing.

Dr. Thomas J. Han received his DDS degree in 1982, Certified in Periodontics in 1984, and MS degree in Oral Biology in 1985 from the UCLA School of Dentistry. He is a Diplomate of the American Board of Periodontology, the American Board of Oral Implantology/ Implant Dentistry, and the International Congress of Oral Implantology. As a Clinical Professor of the Ostrow School of Dentistry at USC, Department of Periodontics, his responsibility is post-doctoral resident periodontal and implant surgical training.

Dr. Thomas J. Han's expertise is in minimally invasive approaches to dental implant and periodontal esthetic surgeries.

**Evening Program**  
**6:00pm – 8:30pm**  
**2CEU**



# WORKSHOP FOR SUCCESSFUL ESTHETICS



**Gerard Chiche, DDS**

Past President,  
American Academy of Esthetic Dentistry

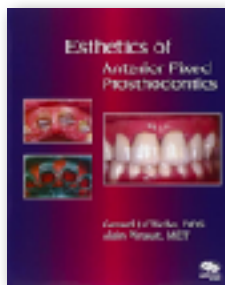
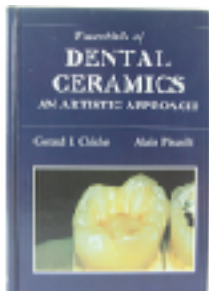


**IN-PERSON  
WORKSHOP**

We are very fortunate to have Dr. Chiche for a full-day of workshop on successful esthetics. The workshop will cover:

1. Four cases for treatment planning: Guided questions/ problem-driven treatment planning scenarios followed with solutions and learned lessons with implants and interdisciplinary esthetic treatment, control of key esthetic factors with Periodontal, Orthodontic and Implant therapy, determination of VDO, management of parafunction, and treatment sequencing.
2. Current Practice: Best practical techniques for porcelain veneers and all-ceramic crowns. Focus will be on adhesion and cement selection for lithium disilicate and zirconia restorations.
3. Material selection for full coverage restorations for anterior and posterior arches:  
Decision-making, comparison of various all-ceramic options and their selection in esthetic treatment.

Dr Chiche is Clinical Professor at the Dental College of Georgia at Augusta University, Augusta, GA. He is a past president of the American Academy of Esthetic Dentistry and is also, with Alain Pinault and Hitoshi Aoshima, the author of two textbooks: *Esthetics of Anterior Fixed Restorations* and *Smile Design—A Guide for Clinician, Ceramist and Patient*, both published by Quintessence Publishing Co. He is the recipient of the 2003 LSU Alumni Award, the 2003 Educational Community Achievement Award of the Seattle Study Club for best dental educator of the year, and the 2007 Distinguished Lecturer Award of the Greater New York Academy of Prosthodontics. In 2009, he became the recipient of the first Restorative Chair endowed by the Thomas P. Hinman Dental Society.



## Session 4

## Friday

## December 1, 2023

### Full Day Program

### 8:00am – 3:30pm

### 7CEU



# "Rehab those Muscles for Dentistry"

Alicia Lee, R. Kin, RMT, B.Sc.

*Get Ready to Stretch Tonight!*

*The 2 CEU interactive Participation Event will be followed by the Annual WCSC Party*

## Session 5

Friday

December 15, 2023

Alicia Lee is a member of the British Columbia Association for Kinesiologists, a Registered Massage Therapist, and a certified personal trainer from Vancouver, British Columbia, Canada. She is the owner of Able Wellness Centre in Burnaby Heights, Vancouver, a one-stop rehabilitation center dedicated to helping the community achieve physical wellness through massage therapy, kinesiology, physiology, and chiropractic rehabilitation programs, as well as offering personal training and Pilates strength training programs.

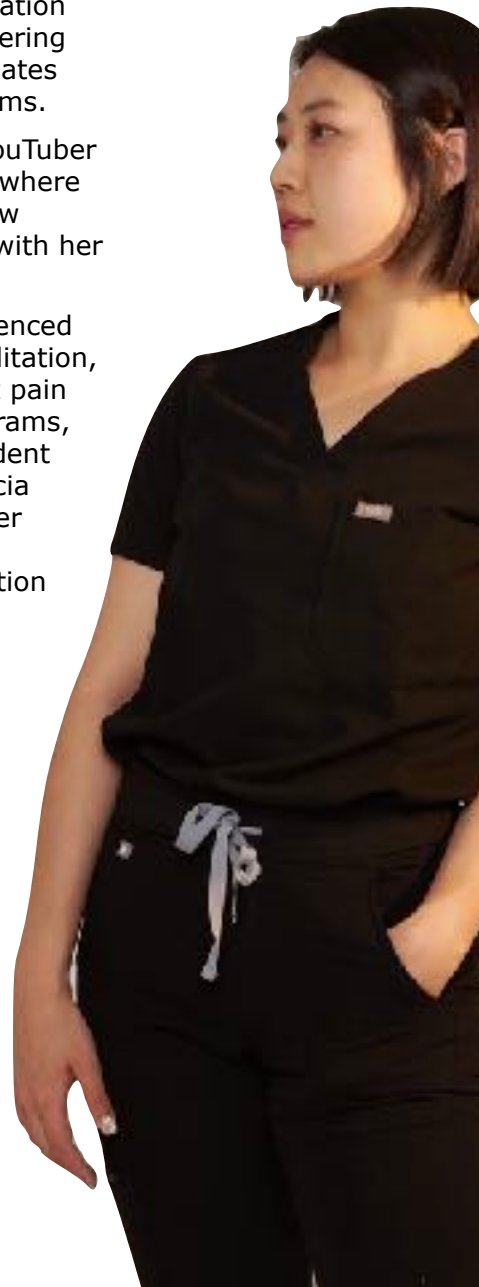
She is also a talented YouTuber with 16.1k subscribers, where she shares easy-to-follow rehabilitative exercises with her followers.

She is trained and experienced in managing active rehabilitation, hydrotherapy, trigger point pain release, core strength programs, and post-motor vehicle accident rehabilitation for patients. Alicia is also an RMT instructor at her alma mater and travels around the world, sharing her rehabilitation knowledge through lectures and demonstrations.

At this event, Alicia will share some tips and exercises to help improve the well-being of dentists who may suffer from chronic neck and back pain due to long hours of practicing dentistry. She also aims to assist recent graduates in preventing physical injuries at work by discussing proper posture and ergonomics.



**IN-PERSON  
PROGRAM**



Evening Program  
6:00pm – 8:30pm  
2CEU



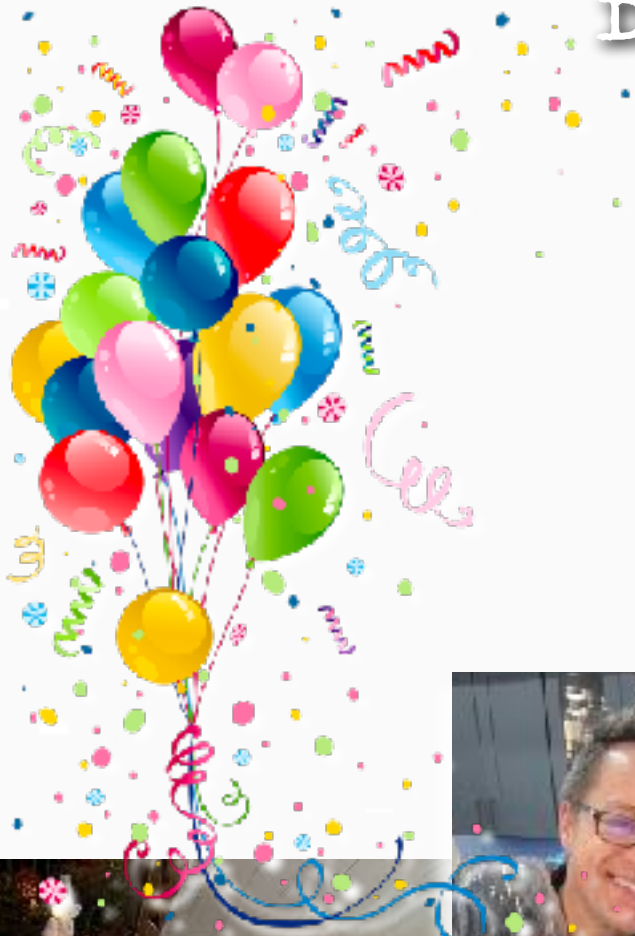
YouTube



# The 2024 WCSC Holidays Dinner

*Immediately following the CE session with Alicia Lee.  
Spouses and Partners of Members are invited...*

*Friday  
December 15, 2023*





# Soft Tissue as the Predictor of Long Term Bone Maintenance around Teeth and Implants

## Session 6

Thursday  
January 18, 2024



### IN-PERSON PROGRAM

**Dmitriy Ivanov, DDS**  
*Board-Certified Periodontist*



Understanding the close relationship between soft tissue and biology of bone is a crucial aspect of periodontal and dental practice. Soft tissue plays a pivotal role in the stability, aesthetics, and functionality of dental restorations, especially around dental implants. This lecture delves into the significance of soft tissue as a predictor of long-term bone maintenance, offering insights into the research, clinical techniques, and treatment strategies. Through exploration of this topic, dental practitioners will gain knowledge that can enhance their ability to achieve optimal results in both natural teeth and dental implant cases.

#### Learning Objectives:

- Understand the biological mechanisms that link soft tissue health to long-term bone maintenance around teeth & dental implants.
- Identify clinical indicators and signs of compromised soft tissue health that may affect the stability of the surrounding bone.
- Assess the role of soft tissue assessment in the development of comprehensive treatment plans for dental implants and tooth-supported restorations.
- Explore surgical techniques and approaches that promote favorable soft tissue outcomes and subsequently contribute to the preservation of bone structure.
- Review effective post-operative and long-term maintenance protocols to ensure the ongoing health of soft tissue around teeth and implants.
- Appreciate the impact of soft tissue contours on the aesthetic outcomes of dental implants restorations.

Dr. Dmitriy Ivanov is a board certified specialist in periodontics with a focus on the treatment of periodontal disease, hard and soft tissue augmentation and dental implantology. He has received extensive training in all aspects of periodontics, providing patients with a healthy and aesthetically pleasing smile. He is also trained in moderate IV sedation, helping the most anxious patients receive excellent periodontal care. Dr. Ivanov received his Bachelor's degree in biological sciences from UC Santa Barbara, graduating with Summa Cum Laude. He was awarded a D.D.S. degree from the [UCLA School of Dentistry](#) and continued his post-doctoral education in advanced periodontics and implant dentistry residency at the Veterans Hospital of West Los Angeles UCLA Medical Center. His residency had an emphasis on medically-compromised patients, full-mouth rehabilitation patients, interdisciplinary perio-prosthodontics reconstructive therapy and full-arch implant treatment. After completion of his residency, Dr. Ivanov achieved the Diplomate status with the American Board of Periodontology and Dental Implant Surgery. Dr. Ivanov is a former clinical instructor of periodontics at the UCLA School of Dentistry in Westwood and the UCLA Venice Dental Clinic. Dr. Ivanov enjoys teaching dentists in various aspects of Periodontics and Implant Dentistry.

Evening Program  
6:00pm – 8:30pm  
2CEU

## TREATMENT DECISION:

*For Resection, regeneration, and navigating the confusing world of lasers in periodontics*



**Richard K. Lee, DMD**  
*Board-Certified Periodontist*



**IN-PERSON  
PROGRAM**

Treatment of periodontal disease comes with several challenges including patient education, compliance, host susceptibility, limitations of non-surgical therapy and treatment planning. Surgical intervention is often necessary with goals of pocket reduction and disease stability.

Decisions for resective therapy, regenerative treatment, or a combination of both require thoughtful consideration of treatment goals, biological limitations, and esthetic outcomes of surgical procedures. The objective of this lecture is to examine the different treatment options available and the decision making process necessary in treating periodontal disease. In addition, the use of lasers as an adjunct in treatment of periodontal disease will be discussed.

### Learning Objectives

- Briefly update current classifications of periodontal disease according to 2017 AAP World workshop
- Identify clinical and radiographic parameters in treatment planning surgical phase of treatment for periodontal disease
- Describe basic surgical techniques for resective therapy
- Describe surgical techniques and considerations for regenerative therapy including available bone graft options, membranes, and biomaterials
- Explore different lasers and their application in treating periodontal disease

Dr. Richard Lee received a DMD from Tufts University School of Dental Medicine in 2013. Following graduation, he moved to California and practiced general dentistry in a variety of corporate and private practice settings. Fueled by his interest in surgery, he completed Maxicourse at Loma Linda and attended surgical courses in Mexico. Participating in periodontist led study clubs furthered his interests in periodontics and dental surgery. After 6 years of practice in general dentistry, he returned to Boston to complete a postgraduate residency in periodontics at Tufts. There he garnered his passion for comprehensively treating patients with a focus in patient education and treating periodontal disease. He is a diplomate of the American Board of Periodontology.

**Session 7**

**Thursday  
February 22, 2024**

**Evening Program  
6:00pm – 8:30pm  
2CEU**



# INTERDISCIPLINARY TREATMENT PLANNING SESSION

*With WCSC Specialist Mentors*



**IN-PERSON  
PROGRAM**



**Gianmarco O'Brien, DDS**

**Doug Baum, DDS, MS**

*Prosthodontist & Board-Certified Orthodontist*

**Session 8**  
**Thursday**  
**March 21, 2024**

Dr. Gianmarco O'Brien is from San Francisco, California. In 1996, he completed his Bachelor's Degree in Combined Sciences at Santa Clara University. After college, Dr. O'Brien worked at MicroDental Laboratories as a dental technician. He earned his D.D.S. from the University of the Pacific School of Dentistry in 2003. He was inducted as a member of the Omicron Kappa Upsilon and Tau Kappa Omega Dental Honor Societies, as well as the Phi Kappa Phi National University Honor Society which is reserved for the top three overall graduates of each class. Following dental school, Dr. O'Brien pursued training in the dental specialty of Prosthodontics. He was accepted into the Advanced Graduate Prosthodontics Program at UCLA School of Dentistry and completed his residency earning his specialty certificate. Dr. O'Brien has published in the field of prosthodontics internationally and lectured locally in California. As a Prosthodontist, Dr. O'Brien has expertise in working with dental phobic patients, medically compromised patients and has a reputation for creating aesthetic oral reconstructions utilizing dental implants, crowns, veneers and all types of removable dentures. Dr. O'Brien is a member of the American College of Prosthodontists, American Dental Association, California Dental Association, and the Orange County Dental Society, and he is the co-director of West Coast Study Club.

Dr. Doug Baum received his undergraduate degree from Wabash College on a presidential scholarship. He then attended Indiana University School of Dentistry in Indianapolis. Upon completion of dental school, Dr. Baum was commissioned in the US Navy Dental Corps and was awarded an Advanced Education in General Dentistry ("AEGD") residency at Naval Dental Center Southwest, San Diego. Upon completion of his "AEGD" residency, Dr. Baum was placed on operational duty with the United States Marines, Camp Pendleton. While at Camp Pendleton, Dr. Baum was head of operative dentistry-School of Infantry and was awarded the Navy/Marine Corps achievement medal for his exemplary service and care of his Marines and Navy sailors. After practicing general dentistry for five years, Dr. Baum was given the opportunity to become a specialist in Orthodontics. He returned to his dental training roots and attended Indiana School of Dentistry to obtain his orthodontic specialty training and a Master of Science degree in dentistry. While attending orthodontic residency, Dr. Baum was awarded a Delta Dental grant for his research. Dr. Baum is also a Diplomate of the American Board of Orthodontics which less than 50% of all practicing orthodontists have obtained.

**Evening Program**  
**6:00pm – 8:30pm**  
**2CEU**



**Parag Kachalia, DDS**

*Chief Clinical Officer, Seattle Study Club*

## UNLOCKING THE ROI: Bringing Digital Dentistry to Life



**IN-PERSON  
WORKSHOP**

There is no doubt scanning has improved workflow and patient experience, but scanning is simply the entry point to digital dentistry—amazing workflows using design software allow you to create smile design mockups, nightguards, surgical guides and removable prostheses in a relatively short amount of time with high predictability.

The primary objective of this workshop is to demonstrate how locally designing select cases can drastically increase treatment predictability and case conversion. Attendees will learn how understanding digital design workflows can lead to significant ROI within the first year, as well as have an opportunity to explore designing with Exocad and printing with SprintRay.

### Learning Objectives

- Digitally design a 6–8-unit anterior smile design, shell provisionals, and a Maryland bridge at the time of implant placement.
- Understand the benefits of printing locally.

Dr Parag R. Kachalia maintains a private practice in San Ramon, California, and is the chief clinical officer for Seattle Study Club. He is also the former vice chair of simulation, technology and research at the University of the Pacific. In 2021 he was selected as one of the 32 most influential people in dentistry.



**exocad**



**SprintRay**

# Session 9

## Saturday April 6, 2024

**Full Day Program**

**8:00am – 3:30pm**

**7CEU**



# CELEBRATION OF PATIENT CARE & PHILANTHROPY

*A Day of Clinical Care, Learning,  
and Giving Back to our Community*

## Session 10

Saturday  
May 11, 2024

**LIVE PATIENT CARE**



We work in partnership with a  
Southern California Philanthropy  
organization, SmileOnU

**SmileOnU**

A case treated in 2023



## Full Day Program

8:00am – 4:30pm

7CEU





# The 2024 WEST COAST SYMPOSIUM

## IN-PERSON LECTURES AND CASE PRESENTATIONS



This is our last event for the academic where the **West Coast Study Club members** rise and shine!

Started in 2022, this full-day educational program consist of lectures on techniques, new information and case reviews presented entirely by the study club members. In 2022 we had 12 extraordinary lecture presentations by our own experts. This year will not be any less. Some of the cases presented are interdisciplinary cases collaborated within the club by different specialists and generalists alike.

## Session 11

## Saturday June 8, 2024



## Full Day Program

## 8:00am – 3:30pm

## 7CEU



# The 2023-2024 WCSC MEMBERSHIP

These are virtual and live lecture, demo, and peer discussion programs suitable for all dentists, dental students, and business professionals regardless of prior experience who are members of this study club.

Register by contacting Dr. Ellen Oh  
Please call with any cancellations at least 72 hours before the meeting.

## Code of Conduct

We are committed to ensuring a safe and respectful meeting environment that is free of harassment, bullying, or offensive comments and/or behavior toward others. We expect all participants whether attending live or virtual sessions to abide by this Code of Conduct policy on all online platforms, or in venues at a meeting, including ancillary events and official and unofficial social gatherings.

## Disclaimer

Some information or presentations may include controversial materials or commercial references.  
Seattle Study Club cautions all course participants that there is potential risk to using limited knowledge when incorporating new techniques and procedures into their practices, especially when the continuing education program has not provided them with supervised clinical experience in the techniques or procedures to ensure that they have attained competence.

**The membership in the club for 2023-2024 season includes:**

- Attendance at all educational events (11 total)
- Member benefits of WCSC and Seattle Study Club network
- Subscription to the SSC Journal
- Spouse (or guest) attendance at Annual Dinner (December)
- Guest invitation at the 2024 West Coast Symposium (June)
- Total of 46 CEU

## The Membership Fee:

- Practice owner: \$3,650
- Recent Graduate (2018 or later): \$2,750
- Non-practice owner: \$2,750
- Full-time faculty: \$2,750
- Dental Laboratory Technician: \$2,750
- 2023 Dental School Graduate "newbie": \$950

## Electronic/Virtual Education

Participant feedback and interchange with instructors will be facilitated through e-mail and live Q&A for all sessions hosted by Seattle Study Club. For recorded sessions, directors will facilitate group discussion with club members.



# The 2024 Corporate Partners



West Coast Study Club is a Nationally Approved PACE Program Provider for FACD/MAGD credit. Approval does not imply acceptance by any regulatory authority, or AGD endorsement. Approved from 1/1/2022-12/31/2025. AGD Provider ID #361062



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# Tricks of the Trade



Joining the West Coast affiliate of the Seattle Study Club has allowed me to grow and learn from like minded clinicians. My understanding of more complex cases has not only improved my interdisciplinary approach but created greater standards of care in my practice.

This experience has highlighted the power of dedicated learning and collaborative study and making me a better clinician...

**Dr. Dimple Desai, DDS**  
Newport Beach, CA

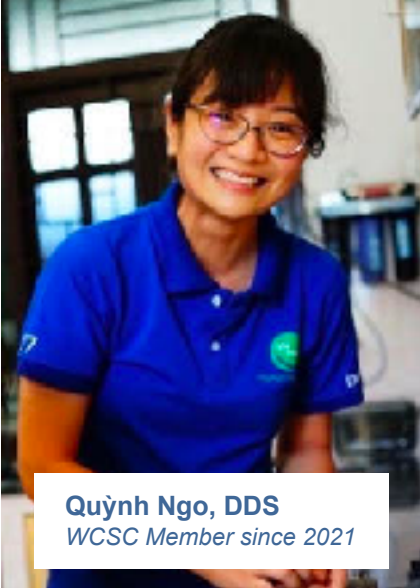
*Member since 2019*



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**Quỳnh Ngo, DDS**  
*WCSC Member since 2021*

**“Dr. Kim provides a great environment conducive to dental education and the guest speakers are always top-notch!”**

**Henry Nguyễn, DMD**  
*WCSC Member since 2020*



West Coast Study Club is the dream dental study club that I've longed for since graduation in 2014. This study club is not only versatile in the topics and respected presenters, they are also super organized, fun and absolutely friendly. We are proud to have all dental specialists as long-term members. Everyone comes with open hearts and eager to share/learn mindsets. I'm ecstatic that I found the dental home for my career.

I joined West Coast study club after practicing for 4 years on my own. I wanted to expand my knowledge in treatment planning and interdisciplinary care because I felt that I just didn't know enough. I found it valuable to be in a group setting and have case discussions with local colleagues. West Coast study club helped show me what is possible...

**Daniel Blanco, DDS**  
*WCSC Member since 2022*



*My time in the WCSC has been career changing. It starts from being around motivated and talented clinicians who make you think more about the dentistry you do everyday. I approach my practice with renewed vigor and knowledge after every meeting. The relationships you build and people you meet are simply amazing. I cannot recommend the WCSC highly enough!*

**Sean Sunyoto, DDS**  
*WCSC Member since 2019*

**[www.WestCoastStudyClub.com](http://www.WestCoastStudyClub.com)**



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